

# Stories of Hope, One Meal at a Time

Yes **Mary**, I want to help Metroport Meals On Wheels provide meals — and hope — to more of our elderly neighbors. Enclosed is my gift of:

\$AA    \$BB    \$CC    \$DD    \$\_\_\_\_\_

To make an online gift, please go to [www.metroportmow.org/donate](http://www.metroportmow.org/donate)

Please see back to make an honor – memorial gift, or to give by credit card. Your gift is fully tax deductible.

[Recipient's Name]  
[Address Line 1]  
[Address Line 2]  
[City, State ZIP]

[Appeal/Package/Segment Code]



*The hot meal, smiles and hugs I get every day have helped me so much!"*

**METROPORT MEALS ON WHEELS, INC.**  
*"Neighbors Helping Neighbors"*

P.O. Box 204 • 428 N. Hwy. 377 • Roanoke, TX 76262  
(817) 491-1141 • [www.metroportmow.org](http://www.metroportmow.org)



Neighbors *Helping* Neighbors

[Mail Date] 2015

[Recipient's Name]  
[Address Line 1]  
[Address Line 2]  
[City, State ZIP]



Dear [Salutation],

Do you remember what you ate a year ago today? You may be shaking your head and thinking, "Mary, you're crazy! Of course I don't!"

But you know, some senior men and women in our region may not remember exactly *what* they ate, but they remember that one year ago was when they could stop worrying about if they would eat.

That's because your generous support has made it possible for us to deliver meals to more men and women in the communities served by Metroport Meals On Wheels. And it is your generosity that means we can continue to respond to requests for help all year long!

One of the hardest things for me to accept is that there are men and woman living right around me who are hungry. Not just once in a while — but every single day. These folks worked for years to make our region the wonderful place it is. They are veterans, retired school teachers, former store clerks and bank tellers, and even retired police and firemen. They come from many different walks of life . . .

. . . but they all have one thing in common: **They are hungry!**

That's why — as part of our 35th anniversary celebration — we have set a goal to raise an additional \$35,000 by November 5, 2015 so we can provide daily meals to many more seniors. This is an opportunity for you to reaffirm your support for the elderly in our community who need — and deserve — our help.

Let me tell you the stories of a few of them . . .

"Receiving meals has really changed my life. I wasn't doing too well before and was a little depressed. The hot meal, smiles and hugs I get every day have made a big difference and helped me so much!" Shirley, Beford

"I was closed in for 10 years after Pat's stroke. I didn't do anything but take care of my wife. I began attending senior center luncheons before Pat died;

(over, please)

## Giving to Memorialize or Honor a Loved One or Friend . . .

Yes, I am giving my gift  to honor  in memory of the following person:

Name \_\_\_\_\_

Please notify the following person of my memorial gift (optional):

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Metroport Meals On Wheels, Inc. serves meals to the ill and elderly in Argyle, Aurora, Bartonville, Bedford, Boyd, Colleyville, Grapevine, Haslet, Hurst, Justin, Keller, Newark, Northlake, North Richland Hills, Roanoke, Rhome, Southlake, Trophy Club, and Westlake. MMOW also operates senior center lunch and activity programs in Colleyville, Flower Mound, Haslet, Highland Village, Justin, Roanoke, and Southlake. Because MMOW operates independently of federal funding, your gift provides meals for those who are unable to pay for them.

## Giving by Credit Card:

Charge my credit card in the amount

of: \$ \_\_\_\_\_.

MasterCard

VISA

American Express

Discover

Card # \_\_\_\_\_

Exp. \_\_\_\_\_ CID Number \_\_\_\_\_

Name on account \_\_\_\_\_

Signature \_\_\_\_\_

being at the lunch took all my pressure off.” Jim, Haslet

“The daily contact with the MMOW delivery volunteers is Mom’s lifeline. She is thrilled with the personal visits and the meals.” Robert, whose mother lives in Grapevine

“I don’t know what to say except, ‘Thank you!’ No one has ever been so kind to me! Love and prayers.” Melody, Keller

This month, as you send in your best gift for Metroport Meals On Wheels’ 35<sup>th</sup> Anniversary Challenge, will you take a few minutes to share *your* story? What does it mean to you to know that there are seniors who are no longer hungry because of your generosity to MMOW?

I’ve enclosed a “My Story” insert along with the reply slip that you can return with your contribution. You don’t have to write too much but please do share your story in a few words. We’ll share these stories at our 35th Anniversary Event on November 5, 2015 . . . because your story may be just what it takes to inspire another neighbor to join you in making sure that **no senior goes hungry** in our communities.

At this time last year, we were serving home delivered meals to 145 men and women — people who were no longer hungry because of Metroport Meals On Wheels’ hot and nutritious meals. Today, we are serving 174! And, there are many more seniors waiting, hoping, praying that they will be the next person we can add to our daily meal service.

Please — let’s not let them go hungry. Together, we can make sure each one is cared for and receives a hot meal and the respect and dignity they have earned as seniors living in our communities.

I’ll be watching for your gift and your story. Thank you for being part of our Metroport family.

Sincerely,



Mary King  
Executive Director

P.S. Thank you for being a friend to Metroport and the seniors who have assurance of a daily meal because of your support for Metroport Meals On Wheels. Together, let’s keep writing the stories of hope that every meal we serve can make possible.

**Here's my story of what being a donor to Metroport Meals On Wheels means to me...**

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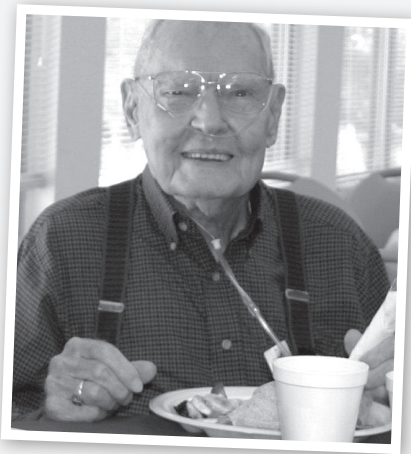
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“My Story” submitted by: \_\_\_\_\_ (*first name only*)

I prefer to be anonymous.

Please do not share my story with others.

*(Please use the other side if you are a volunteer.)*



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